

# SHINE YOUR LIGHT - RESOURCES

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## BOOKS

RISE SISTER RISE  
Rebecca Campbell

LIGHT IS THE NEW BLACK  
Rebecca Campbell

WORTHY  
Jamie Kern Lima

RADICAL INTUITION  
Kim Chestney

YOU ON PURPOSE  
Dr. Stephanie Shackelford

YOU'VE GOT THIS  
Margie Warrell

TRANSFORM YOUR SELF-TALK  
Nick Trenton

THE GENIUS ZONE  
Gay Hendricks

## PODCAST EPISODES

Goal Digger Podcast #751  
Your Self Worth Is Your Ceiling: Here's How to Raise It

Moonbeaming Podcast #138  
Trying in Public: Showing up for Your Business and Art with CPTSD